**Five Unity Principles**

* God is absolute good, everywhere present.
* Human beings have a spark of divinity within them, the Christ spirit within. Their very essence is of God, and therefore they are inherently good.
* Human beings create their experiences by the activity of their thinking. Everything in the manifest realm has its beginning in thought.
* Prayer is creative thinking that heightens the connection with God Mind and therefore brings forth wisdom, healing, prosperity, and everything good.
* Knowing and understanding the laws of life, also called Truth, are not enough. A person must also live the truth that he or she knows.

Source: truthunity.org