

## **SMALL GROUP QUESTIONS & ANSWERS**

What are Small Groups? Small Groups are non-judgmental and supportive of your spiritual journey. The gatherings—which typically include around twelve people—meet to explore New Thought teachings and enhance individuals' spiritual practice. These gatherings provide an arena to build strong relationships and to make personal friends, thereby supporting our Spiritual Community as a whole. Small Groups are a vital tool for personal exploration and collaborative commUnity building.

Why are Small Groups important? Building meaningful relationships is important in today's virtual world. Small Group content provides opportunities to create healthier relationships with family, friends, coworkers and acquaintances. Small Groups also help support a personal relationship with Source.

How are Small Groups organized and where do they meet? Each Small Group is moderated by a volunteer facilitator. You are free to enroll in any one of the Small Groups made available. Each group session typically lasts between 1.5 and 2 hours. Small Groups are offered on an in-person, virtual (Zoom) or hybrid basis. You can choose which group and format best fits you!

What happens in a Small Group? Unlike a class setting, there are no teachers in Small Groups. The groups are led by a facilitator who guides you in authentic, lively discussion. We know that we are all spiritual students and teachers for each other. You can expect prayer, discussion and personal sharing linked to the study materials. To further enhance your spiritual practice, you will have opportunities to discuss your experience in applying Principles.

How will I benefit from being in a Small Group? You can expect to gain a more authentic spiritual practice and a genuine realization that you are not alone in life. Throughout the series, you can build deeper and more meaningful relationships with others. You can benefit from applying new spiritual practices in everyday life for the transformation and evolution of your spiritual consciousness.

Is there a cost to participate in a Small Group? There is no cost for this series. However, we do invite you to contribute to Unity Village Chapel as a source of your spiritual nourishment. Please prayerfully consider the benefits of this program and give accordingly—it is a personal choice! During this adventure in spiritual living series, we invite you to commit—like many others—to expanding your customary tithe to UVC.

How do I sign up for a Small Group? You can browse and register through enrollment options on at www.unityvillagechapel.org/ais.